Curriculum Vitae

Name: Sarfraz Masih

Father's Name: Yousaf Masih

Date of Birth: October 20, 1976

Gender: Male

Marital Status: Married

Nationality: Pakistani

Religion: Christianity

N.I. C. No. 42201-2100486-3

P.N.C. No. A – 28912

Address: Awan House # 148-A/ 26, 2nd Floor, Drigh Road Cantt. Bazar, Karachi

Email Address: sarfraz.masih@duhs.edu.pk

sherwinsarfraz@gmail.com

Contact no. +92 21 344 1330326

Objective: To contribute my academic and research knowledge, and skills in

strengthening the nursing educational system and developing competent

nursing professionals who will be able to provide qualitative care to the

customers, as well as play their roles in their own capacities in upliftment

of the status of the nursing profession at nationally and globally.

PROFESSIONAL QUALIFICATIONS

2017 Post Basic Diploma in ICU Nursing

Sind Nurses Examination Board (SNEB), Karachi, Pakistan

2008 Masters of Science in Nursing (MScN)

Aga Khan University School of Nursing, Karachi, Pakistan

Major Courses – Thesis (Nurses' Self Perception about Their Public Image and Job Satisfaction in Metropolitan City, Karachi, Pakistan), Academic Writing, Scholarly Writing (Thesis Tutorial), Theoretical Basis of Nursing, Ethics in Health Care, Leadership & Management in Nursing Practice, Educational Design & Administration, Nursing Research (Qualitative & Quantitative), Research Seminar, Advanced Health Assessment, Advanced Theoretical Concepts in Clinical Care, Advanced Specialty Practicum (Education), Advanced Theoretical Concepts in Public/ Community Health Nursing, Thesis Development.

Elective in Effective Educational Leadership

2005 Post RN Bachelor of Science in Nursing (BScN)

Aga Khan University School of Nursing Karachi, Pakistan

Major Courses - Nursing Administration / Leadership, Health Assessment, Advance Concepts in Nursing, Principles of Teaching/Learning, Introduction to Biostatistics, Sociology and Health, Psychology, Professional Development, Advance Concepts in Community Health Nursing, Nursing Research, Psychiatric and Mental Health Nursing, Senior Elective (Education)

2002 Diploma in Critical Care Nursing

Liaquat National Hospital, Karachi, Pakistan

2000 Diploma in General Nursing

Liaquat National Hospital School of Nursing, Karachi, Pakistan

Major Courses – Nursing Leadership, Child Health Nursing, Adult Health Nursing, Community Health Nursing, Sociology, Psychology, Pharmacology, Psychiatric Nursing, Anatomy & Physiology

PROFESSIONAL CERTIFICATION

November, 2020 - March, 2021 Certificate Course of Healthcare Quality Professionals (CHQP)

Dow University of Health Sciences in Collaboration of PIQC Institute of Quality, Pakistan

January to March, 2011 Certificate Course of Public Relations Management (PRM)

Institute of Technology and Professional Excellence Skills Development Council, Karachi, Pakistan

ACADEMIC QUALIFICATIONS

1998 Bachelor in Arts (B.A)

University of Karachi, Pakistan

Major Courses – Education, Political Science and Economics

1995 Faculty of Science (F. Sc) Pre-medical

Govt. Murry College, Sialkot

Gujranwala Board, Pakistan

Major Courses – Biology, Chemistry, and Physics

1993 Matric (Science)

Govt. High School, Badiana, Sialkot

Gujranwala Board, Pakistan

Major Courses – Biology, Chemistry, Physics and Mathematics

PROFESSIONAL WORKING EXPERIENCE

Teaching, Administration and Practical Working Experience

March, 2023 till Date

Principal & Associate Professor Lahore School of Nursing, The University of Lahore, Lahore, Pakistan

November 26, 2021 till February, 2023

Associate Professor &

Lead, Office of Outreach Activities

Lahore School of Nursing, The University of Lahore,

Lahore, Pakistan

February 11, 2022 till Date

Focal Person for Collaboration with Hello Doctor

The University of Lahore,

Lahore, Pakistan

January, 2022 till Date

Lead, OET Preparatory Classes

Lahore School of Nursing

The University of Lahore,

Lahore, Pakistan

February 2, 2021 till November 24, 2021

Associate Professor &

Program Coordinator, MSN

Dow Institute of Nursing & Midwifery, Dow University of Health Sciences (DUHS),

Karachi, Pakistan

July 1, 2013 till February 1, 2021

Assistant Professor &

Program Coordinator, MSN

Dow Institute of Nursing & Midwifery, Dow University of Health Sciences (DUHS),

Karachi, Pakistan

March 1, 2019 till February 28, 2020

Visiting Associate Professor

Evening Programme

New Life College of Nursing, Karachi, Pakistan

October 1, 2017 to February 28, 2019

Principal

Evening Programme

New Life College of Nursing, Karachi, Pakistan

June 1, 2009 to September 30, 2017

Principal

Evening Programme

Karachi King's College of Nursing, Karachi, Pakistan

January, 2009 to June, 2013

Senior Lecturer

Liaquat National College of Nursing, Karachi

November, 2009 to November, 2010

Year – I & II Coordinator, BScN Programme

Liaquat National College of Nursing, Karachi, Pakistan

July, 2006 to December, 2008

Vice Principal,

Liaquat National School of Nursing, Karachi, Pakistan

November, 2005 – June, 2006

Programme coordinator

General Nursing Programme

Liaquat National School of Nursing, Karachi, Pakistan

August, 2005 to September, 2006

Subject: Advanced Nursing Concept – I

Visiting faculty

Liaquat National College of Nursing, Karachi, Pakistan

August, 2005 to June, 2006

Nursing Instructor

Liaquat National Hospital School of Nursing, Karachi, Pakistan

July, 2000 to July, 2005

Registered Nurse

Liaquat National Hospital, Karachi, Pakistan

Research and Scholarly Working Experience

February, 2022 till Date Reviewer and Examiner for MSN Theses

University of Health Sciences (UHS), Lahore, Pakistan

April, 2022 till Date Internal Examiner for MSN Theses Defense Examinations

The University of Lahore, Pakistan

January, 2022 till Date Reviewer for MSN Theses

Board of Advance Studies and Research (BASR)

Dow University of Health Sciences, Karachi, Pakistan

- March, 2020 till Date Reviewer for MSN Theses
 - Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan
- April 26, 2022 Internal Examiner for MSN Theses Defense Examinations
 The University of Lahore, Pakistan
- April 11, 2022 Internal Examiner for Two (2) MSN Theses Defense Examinations
 The University of Lahore, Pakistan
- April 5, 2022 Internal Examiner for MSN Theses Defense Examinations
 The University of Lahore, Pakistan
- December 28, 2021 External Examiner for MSN Theses Defense Examinations Khyber Medical University, Peshawar, Pakistan
- August 16, 2021 External Examiner for MSN Theses Defense Examinations
 The University of Lahore, Pakistan
- June 23, 2021 External Examiner for Four (4) MSN Theses Defense Examinations
 Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan
- June 16, 2021 Delegate for attending One Day Patient Safety Capacity Building Research Workshop

WHO Head and Pakistan Office, Islamabad, Pakistan

June 4, 2021 Internal Examiner for MSN Thesis Defense Examination

Board of Advance Studies and Research (BASR)

Dow University of Health Sciences, Karachi, Pakistan

April 30, 2021 Internal Examiner for MSN Thesis Defense Examination

Board of Advance Studies and Research (BASR)

Dow University of Health Sciences, Karachi, Pakistan

- March 2-3, 2021 External Examiner for Fifteen (15) MSN Theses Defense Examinations Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan
- August, 2020 till Date Reviewer for Research Articles

Journal of Liaquat University of Medical and Health Sciences (JLUMHS) Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

March, 2019 till Nov. 24, 2021 Secretary, Institutional Review Committee

MSN Research Projects

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

August, 2013 Till Date Research Coordination as Program Coordinator – MSN

Coordination with Scientific Committee, IRB and BASR for MSN Theses / Research Projects

Dow University of Health Sciences (DUHS), Karachi, Pakistan

September, 2019 to till Date Reviewer for Master Synopses / Research Projects

Scientific Committee / BASR

Dow University of Health Sciences, Karachi, Pakistan

September, 2019 to till Date Reviewer for Master Synopses / Research Projects

Scientific Committee / BASR

Dow University of Health Sciences, Karachi, Pakistan

May, 2018 till Date Reviewer for Manuscripts

Rawal Medical Journal

Rawalpindi, Pakistan

January 18, 2020 Internal Examiner for MSN Thesis

Board of Advance Studies and Research (BASR)

Dow University of Health Sciences, Karachi, Pakistan

2016 - 2018 Facilitator for Video Conferences with International Nurse Theorist

MSN Students & Faculty

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

2014 - 2018 Chair/ Coordinator, Organizing Committee

International Nurses Days

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

2009 - 2018 Panelist / Chair / Rapporteur/ Speakers, Scientific Sessions

International Nurses Days/Symposia/Conferences

Liaquat National Hospital, Aga Khan University, Dow University of Health Sciences, Karachi, Pakistan, Turkey, Nepal

2013 – 2015 Reviewer / Examiner for MSN Theses

Ziauddin College of Nursing

Ziauddin University, Karachi, Pakistan

August 22, 2013 till 2014 Member, Editorial Board

Journal of Nursing

Ziauddin University College of Nursing, Ziauddin University, Karachi, Pakistan

PROFESSIONAL MEMBERSHIP

2004 to till date Member

Rho Delta Chapter, Sigma Theta Tau International (STTI), the Honor Society of Nursing Aga Khan University School of Nursing, Karachi, Pakistan

June 8, 2001 – March 25, 2020 Registered Member

Pakistan Nursing Council (A – 28912)

January, 2020 – December, 2022 Member

Pakistan Nurses Federation (PNF)

July 2009 till Date Member

Nurses Christian Fellowship International (NCFI)

PROFESSIONAL ACHIEVEMENTS

• Internationally

July 10 – 30, 2023 Lead, Pak- UK Transcultural International Nursing Summer Camp

Organized by Lahore School of Nursing in Collaboration with International Linkages Cell, The University of Lahore & University of Chester, United Kingdom (UK)

2020 – 2024 International Board Member

Nurses Christian Fellowship International (NCFI)

2016 – 2020 International Board Member

Nurses Christian Fellowship International (NCFI)

2015 – 2017 Advisory Council Member

International Academic Nursing Alliance (IANA),

Sigma Theta Tau International (STTI), 2nd Largest Nursing Honour Society in the World

• Nationally

October, 2020 till Date Member of PNC Inspection Team

Pakistan Nursing Council (PNC), Islamabad, Pakistan

March, 2023 till Date Member, Board of Faculty

Faculty of Allied Health Sciences

The University of Lahore, Lahore, Pakistan

March, 2023 till Date

Convener, Board of Studies (BOS)

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

March, 2023 till Date

Member, Department Review Committee (DRC)

for MSN Synopses

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

November 26, 2021 – February, 2023 Member, Board of Studies (BOS)

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

November 26, 2021 – February, 2023

Member, Department Review Committee (DRC)

for MSN Synopses

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

May 19, 2022 Lead, Panel Discussion on Theme

International Nurses Day Celebration in collaboration with University of Health Sciences Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

February 14 – 19, 2022 Member of PNC Inspection Team

Pakistan Nursing Council (PNC), Islamabad, Pakistan

February 10, 2022 Chief Organizer

Video Conference on 'Spiritual Care Nursing'

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

June 15, 2021 Delegate in Consultative Meeting for Leadership Development Course for Nursing Faculty

Pakistan Nursing Council (PNC), in Collaboration of MoNHSR&C & WHO, Islamabad, Pakistan

January/ February, 2021 Member for Inspection Team for Affiliated Nursing Institutes

Dow University of Health Sciences, Karachi, Pakistan

August 10, 12, 24, 2021 Member of Reconciliation Committee for PNC Concern

Pakistan Nursing Council (PNC), Islamabad, Pakistan

- October, 2021 November, 2021 Preceptor for MSN Student (Education Tract)
 Ziauddin College of Nursing, Ziauddin University, Karachi, Pakistan
- September, 2021 November, 2021 Preceptor for Post RN BSN Student (Education Tract) Kharadar College of Nursing, Kharadar General Hospital, Karachi, Pakistan
- September 20 25, 2021 Coordinator for PNC Inspection Team Pakistan Nursing Council (PNC), Islamabad, Pakistan
- June 15, 2021 Delegate in Consultative Meeting for Leadership Development Course for Nursing Faculty

Pakistan Nursing Council (PNC), in Collaboration of MoNHSR&C & WHO, Islamabad, Pakistan

January/ February, 2021 Member for Inspection Team for Affiliated Nursing Institutes
Dow University of Health Sciences, Karachi, Pakistan

October, 2020 – January, 2021 Preceptor for MSN Student (Education Tract)

Ziauddin College of Nursing, Ziauddin University, Karachi, Pakistan

October 26 - 31, 2020 Coordinator for PNC Inspection Team

Pakistan Nursing Council (PNC), Islamabad, Pakistan

October 24, 2020 Member of Panel for Interviewing Post of Lecturers

Jinnah Sindh Medical University (JMSU), Karachi, Pakistan

March 2020 till Date Paper Setter

Federal Public Sector Commission (FPSC) test, Islamabad, Pakistan

February, 2019 till November 24, 2021 Secretary, Board of Studies

Dow Institute of Nursing & Midwifery

Dow University of Health Sciences, Karachi, Pakistan

January, 2020 till November 24, 2021 Member, Board of Studies (BOS)

Jinnah College of Nursing

Sohail University, Karachi, Pakistan

September, 2019 till November 24, 2021 Member, Board of Studies (BOS)

Peoples Nursing School

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

June 29, 2019 till November 24, 2021 Member, Nursing Board of Studies (BOS)

Jinnah Sindh Medical University (JMSU), Karachi, Pakistan

January 1, 2014 till November 24, 2021 Member, Self-Assessment Report (SAR) for MSN

Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

December 12, 2019 Member, Organizing Committee

10th Convocation

Dow University of Health Sciences, Karachi, Pakistan

July 16, 2019 Expert, Self-Assessment Report (SAR) Team

BSN Generic Program, Saifee Burhani School of Nursing, Saifee Hospital Quality Enhancement Cell (QEC), Dow University of Health Sciences, Karachi, Pakistan

June 24, 2019 Member, Inspection Team for Two (2) Nursing Colleges

Jinnah Sindh Medical University (JMSU), Karachi, Pakistan

June 22, 2019 Expert, Self Assessment Report (SAR) Team

BSN Generic Program, College of Nursing, Memon Medical Institute Hospital (MMIH) Quality Enhancement Cell (QEC), Dow University of Health Sciences, Karachi, Pakistan

August, 2018 till June, 2019 Member, Strategic Planning Work Group for DUHS

Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

April 27, 2019

Evaluator for Anatomy & Physiology Exhibition

BSN, 1st Year, 1st Semester Students, Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

August 29, 2018

Member for PNC Organizational Needs Assessment

Ministry of National Services, Regulations & Coordination

Government of Pakistan

May, 2018

Chair, Organizing Committee

International Nurses Day 2018 Celebration

Dow University of Health Sciences, Karachi, Pakistan

December 7, 2017

Member for Final Curriculum Review Committee

National Curriculum Committee for Uniform Curriculum of Post RN BScN Program Pakistan Nursing Council (PNC), Islamabad, Pakistan

August, 2013 – October, 2017 Member

Board of Studies, MSN Program

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

March 2, 2017

Chair, Organizing Committee

10 Years Celebration of Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

September, 2016

Member, Protocol Committee

7th Convocation

Dow University of Health Sciences, Karachi, Pakistan

July 10 - 12, 2015

Member, Organizing Committee

NCFP 2nd National Conference

Nurses Christian Fellowship Pakistan, Murree, Pakistan

March 14, 2015

Coordinator, Organizing Committee

International Women Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

June, 2014

Chair, Organizing Committee

International Nurses Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

March & May, 2014 Member

National Curriculum Committee for Uniform Curriculum of Post RN BScN Program Pakistan Nursing Council (PNC), Islamabad, Pakistan

January & April, 2014 Member

National Curriculum Revision Committee for 4 Years BSN Program & Uniform Curriculum for MSN program Higher Education Commission (HEC), Islamabad, Pakistan

April 29 - 30, 2013 Member for Meeting for Curriculum Review of Post Basic Specialization in Accident & Emergency Nursing Program

Pakistan Nursing Council (PNC), Islamabad

November 6 – 14, 2012 Head Internal

BSN, 3rd Year, 5th Semester Examination at Liaquat National College of Nursing, Karachi, Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

May 2 – 4, 2012 Pioneer Facilitator from Nursing for Professional SurgeryViva Examination of Final Semester 1st Batch of MBBS

Liaquat National Hospital & Medical College, Karachi, Pakistan

July 6-8, 2012 Coordinator, Organizing Committee

1st National Conference, Karachi Nurses Christian Fellowship, Pakistan

July, 2009 to February, 2012 Executive Member

Executive Committee

Nurses' Christian Fellowship Pakistan

May 18, 2011 Special Guest

International Nurses Day Celebration

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

April, 2009 – **April**, 2010 Member

National Task Force for College of Nursing & Midwifery National Institute of Health & Social Sciences (NIHS), Islamabad, Pakistan In Collaboration with Partners Harvard Medical International, USA

June 2, 2009 Member of Interview Panel for Nursing Assistants

Liaquat National Hospital, Karachi, Pakistan

July, 2007 to June, 2009 General Member

Nurses' Christian Fellowship Pakistan

SCHOLARLY & RESEARCH ACHIEVEMENTS

• Internationally

May, 2023- June, 2024 Member, Scientific Committee

NCFI World Congress, July 2024

Nurses Christian Fellowship International (NCFI)

July - December, 2019 External Reviewer for Validation

"Guideline to Enhance Peer Support among Educators Implementing a Curricula Innovation in Higher Education" as part of PhD Study

School of Nursing, University of Free State, South Africa

July - August, 2018 Reviewer for Research Tool

"Nurse Educators' Challenges to Effective Teaching" Memorial University of Newfoundland, Canada

August, 2016 - March, 2017 External Reviewer for Abstracts

Eastern Asia Nursing Scholarship Forum (EANSF), March, 2017 Poly Technic University, Hong Kong

September 19, 2014

Reviewer (International) for Manuscript

Greener Journals

SCHOLARLY & RESEARCH ACHIEVEMENTS

• Nationally

May, 2022 till Date Editor

Nursing & Midwifery Journal of Pakistan, under the collaborative efforts of Pakistan Nursing Council and The University of Lahore

August, 2020 till April, 2022 Editorial Board Member

Nursing & Midwifery Journal of Pakistan, under the collaborative efforts of Pakistan Nursing Council and The University of Lahore

November 15, 2021 Reviewer for MSN Synopsis

Scientific Committee

Dow University of Health Sciences, Karachi, Pakistan

September 29, 2021

Delegate in Consultative Meeting for Finalization of Leadership Course Development for Nursing Teachers

WHO in Collaboration of Ministry of National Health Services and Coordination (MoNHS&C), Pakistan Nursing Council, Islamabad, Pakistan

August, 2021

Reviewer and Examiner for MSN Dissertations

Master of Science in Nursing (MSN) Programme Lahore School of Nursing, The University of Lahore, Lahore, Pakistan

June 16, 2021

Delegate in WHO Global Patient Safety Capacity Building Workshop on Collaborative Research

WHO in Collaboration of Ministry of National Health Services and Coordination (MoNHS&C), Islamabad, Pakistan

June 15, 2021

Delegate in Consultative Meeting on Leadership Course Development for Nursing Teachers

WHO in Collaboration of Ministry of National Health Services and Coordination (MoNHS&C), Pakistan Nursing Council, Islamabad, Pakistan

January - July, 2021

Reviewer for Theses (04) MSN Students

Master of Science in Nursing (MSN) Programme Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

August, 2020 till Date

Reviewer for Three (03) Research Articles

Journal of Liaquat University of Medical and Health Sciences (JLUMHS) Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

March - December, 2020

Reviewer for Theses (04) MSN Students

Master of Science in Nursing (MSN) Programme

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

January 23, 2020

Reviewer for MSN Synopsis

Scientific Committee

Dow University of Health Sciences, Karachi, Pakistan

January 18, 2020

Internal Examiner for MSN Thesis

Board of Advance Studies and Research (BASR)

Dow University of Health Sciences, Karachi, Pakistan

January 15, 2020

Reviewer for Manuscript

Rawal Medical Journal

December 26, 2019

Reviewer for MSN Synopsis

Scientific Committee

Dow University of Health Sciences, Karachi, Pakistan

November, 2019

Thesis Reviewer

Master of Science in Nursing (MSN) Programme

The University of Lahore, Lahore, Pakistan

October 8, 2019

Reviewer for MPH Research Project

Board of Advance Studies and Research (BASR) Dow University of Health Sciences, Karachi, Pakistan

September 13, 2019

Reviewer for MSN Synopsis

Scientific Committee

Dow University of Health Sciences, Karachi, Pakistan

October 8, 2019

Reviewer for Manuscript

Rawal Medical Journal

July 9, 2019

Reviewer for Manuscript

Rawal Medical Journal

March 26, 2019

Reviewer for Manuscript

Rawal Medical Journal

January 2, 2019

VIVA Examiner (Epidemiology)

BSN, Year – IV, Semester - VI

Dow University of Health Sciences, Karachi, Pakistan

August 28, 2018

Facilitator for Research Session

Conceptualization of Nursing Research Topics: Challenges and Implications

Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

December 14, 2018

Reviewer for Manuscript

Rawal Medical Journal

July 7, 2018

Reviewer for Manuscript

Rawal Medical Journal

May 30, 2018

Reviewer for Manuscript

Rawal Medical Journal

March 6, 2018

VIVA Examiner (Epidemiology)

BSN, Year – IV, Semester - VI

Dow University of Health Sciences, Karachi, Pakistan

February, 2018 Facilitator for Video Conferences with International Nurse Theorist

MSN Students & Faculty

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

September 21, 2017

VIVA Examiner (Nursing Research)

BSN, Year – IV, Semester - VII

Dow University of Health Sciences, Karachi, Pakistan

August 30, 2017

Judge for Research Seminar

Post RN BScN Program

St. James Institute of Nursing and Health Sciences, Karachi, Pakistan

May 12, 2017

Poster Presentation

How Can Nurses Be a Voice to Lead for Achieving Sustainable Development Goals (SDGs)? International Nurses Day & International Day of Midwife

Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan

February & March, 2016 Facilitator for Video Conferences with 3 Nurse Theorists

MSN Program

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

April - July, 2015 Coordinator, Research Projects for 15 Students

Post RN BScN Program

Karachi Kings' College of Nursing, Karachi, Pakistan

April 17, 2015 External Examiner for Oral Thesis Defense of Two (2) MSN Students

Master of Science in Nursing (MSN) Programme

Ziauddin University, Karachi, Pakistan

March 27, 2015 External Examiner for Oral Thesis Defense of One (01) MSN Students

Master of Science in Nursing (MSN) Programme

Ziauddin University, Karachi, Pakistan

May 21, 2015 Member, Panel of Judges

Poster Presentations as part of International Nurses Day & International Day of Midwife Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan

2014 Viva Examiner (Research Project & Electives)

4 Years BScN, Year – 4, Semester – VIII (Final), Regular Examination Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

January - April, 2014

Coordinator, Research Projects for 20 Students

Post RN BScN Program

Karachi Kings' College of Nursing, Karachi, Pakistan

March 25, 2014

Rapporteur, Scientific Session

12th International Conference on "Statistical Sciences"

Dow University of Health Sciences, Karachi, Pakistan &

Islamic Countries Society of Statistical Sciences

September - October, 2013 Reviewer for Two (2) Articles

Journal of Nursing Ziauddin University, Karachi

September 6, 2013 Pioneer Thesis Written & Oral Thesis Defense External Examiner

Master of Science in Nursing (MSN) Programme Ziauddin University, Karachi, Pakistan

January - May, 2013

Coordinator, Research Projects for 30 Students

Post RN BScN Program

Karachi Kings' College of Nursing, Karachi, Pakistan

February 24 – 26, 2012 Chairperson for Nursing Scientific Session

7th Liaquat National Hospital Symposium, Nursing Scientific Session Liaquat National Hospital, Karachi, Pakistan

August - November, 2010

Coordinator, Research Projects for 35 Students

Post RN BScN Program

Karachi Kings' College of Nursing, Karachi, Pakistan

December 11 – 13, 2009

6th Liaquat National Hospital Symposium, Nursing Scientific Session Liaquat National Hospital, Karachi, Pakistan

Penalist

PUBLICATIONS

- **2023** Peripheral intravenous catheter-induced phlebitis in a tertiary hospital of Karachi: A cohort study. *Vascular Access Journal of the Canadian Vascular Access Association*, 17(2), 9–24. https://doi.org/10.5737/va.v17i2.9
- **2023** Behavior Symptoms Among Children with Attention Deficit Hyperactivity Disorder: A Psychosocial Intervention Through Mothers. *Annals Of Punjab Medical College*, 17 (3), DOI: 10.29123/APMC/2023
- **2023** Relationship between Patient's Satisfaction and level of emotional Intelligence in Nurses Working in Tertiary Care Hospital: Relationship between Patient's Satisfaction and level of emotional Intelligence. *Pakistan Journal of Health Sciences*, 4 (9), 93-97. DOI: 10.54393/pjhs.v4i09.968

2023

"Anti-Vaccination Attitude regarding Corona Virus and its Associated Factors among Pregnant Women during Antenatal Care at D.H.Q Hospital Kasur, Pakistan", *Pakistan Journal of Health Sciences*, 4 (5), 166-170. DOI: https://doi.org/10.54393/pjhs.v4i05.726

2023

"Knowledge and Practice of Nurses Regarding Prevention of Deep Vein Thrombosis among Critically ill Patients Admitted in ICU In Pubic Tertiary Care Hospital", Pakistan Journal of Health Sciences, 4 (5), 128-132.

DOI: https://doi.org/10.54393/pjhs.v4i05.692

2023

"The Knowledge and Awareness on Polycystic Ovarian Syndrome among Lady Health Visitors in Public Health Nursing School, Lahore", *Pakistan Journal of Health Sciences*, 4 (5), 128-132.

DOI: https://doi.org/10.54393/pjhs.v4i05.707

2023

"Effect of Nursing Intervention regarding Centers for Disease Control and Prevention Guidelines on Nursing Knowledge in Operating Room", *Pakistan Journal of Health Sciences*, 4 (1), 151-154.

DOI: https://doi.org/10.54393/pjhs.v4i01.529

2022

"Practices On Safe-Handling of Cytotoxic Drugs Among Oncology Nurses in Two Public Sector Hospitals" *Pakistan Journal of Health Sciences*", 3 (7), 181-186. DOI: https://doi.org/10.54393/pjhs.v3i07.449

2022

"Perception of Mothers Regarding Malnutrition in Children Under Five Years Old in Muzaffargarh" *Pakistan Journal of Health Sciences*, 3 (7), 181-186. DOI: https://doi.org/10.54393/pjhs.v3i07.284

2022

"The Effectiveness of Implementation of Standard Clinical Pathway through healthcare professionals among AMI Patients undergoing for Angiography / Angioplasty in a Public Tertiary Care Hospital, Karachi, Pakistan" JPMA-2022

2021

Effect of nurse led education on anxiety level among coronary artery bypass grafting preoperative patients. *Journal of the Pakistan Medical Association*, 71 (1), 38. **DOI**: https://doi.org/10.47391/JPMA.325

June, 2020

Diabetes conversation map - a novel tool for diabetes management self-efficacy among type 2 diabetes patients in Pakistan: a randomized controlled trial. BMC Endocrine Disorders, 20 (18): 88. DOI: https://doi.org/10.1186/s12902-020-00572-x

July, 2019

Effect of diabetic counseling based on conversation map as compared to routine counseling on diabetes management self-efficacy and diabetic distress among patients with diabetes in Pakistan: A randomized controlled trial (study protocol). BMC Public Health 2019;19:907 https://doi.org/10.1186/s12889-019-7266-3

January - March, 2019

Anxiety among pre-operative patients waiting for coronary artery bypass grafting (CABG). Pak Heart J 2019; 52(01):47-51

March, 2018

Association of Nurses' Self Perception about Their Public Image and Their Job Satisfaction in Tertiary Care Hospitals, Karachi, Pakistan

International Journal of Advance Nursing Studies, 7 (1): 55-61

September - December, 2017

Nurses' Self Perception about Their Job Satisfaction in a Metropolitan City, Karachi, Pakistan Journal of Dow University of Health Sciences, 11 (3): 82-86

May - August, 2016

Nurses' Self Perception about Their Public Image in a Metropolitan City, Karachi, Pakistan Journal of Dow University of Health Sciences, 10 (12): 70-74

THESES / RESEARCH PROJECTS SUPERVISION

MSN Graduates with Theses 25

MSN Thesis Supervision (**Current**) 7

SPEAKER / PRESENTER

October 20, 2023

Panelist

'Nursing Education Session'

International Nursing Research

Conference, October 19 - 21, 2023

Faculty of Nursing & Midwifery,

Ziauddin University, Karachi, Pakistan

May 13, 2023

Speaker / Presenter

'Our Nurses, Our Future: Leadership

Perspective'

International Nurses Day

Shalamar Hospital, Lahore, Pakistan

January 7 - 8, 2023

Guest Speaker

"Leading Nursing Profession"

APPS 2nd Virtual Nurses Conference

Associations of Pakistani Physicians & Surgeons (APPS) of UK

December 8 - 9, 2022

Invited Speaker

Effect of Video Therapy as Health Education on Anxiety Level among Coronary Artery

Diseases Patients Prior to Angiography and Angioplasty

International Summit of Health Professionals (ISHP)

Faculty of Pharmacy, The University of Lahore

May 12, 2022

Speaker / Presenter

'Be More Cost Effective, Care Effective'

International Nurses Day

Jinnah Hospital, Lahore, Pakistan

July 10, 2021

Speaker / Presenter for Concurrent Session

Challenges and Opportunities for Christian in Nursing in Pakistan

Nurses Christian Fellowship International (NCFI), Virtual Congress 9-11, 2021

June 20, 2020

Speaker

Guidelines for Writing Manuscript for Publication

Pakistani Nurse Research Forum

October 30, 2019

Speaker

Stress Management

Nurses Christian Fellowship International (NCFI), SAME Regional NG Conference, Nepal

October 25, 2019

Speaker (Teleconference)

Challenges and Opportunities in Nursing Education in Pakistan International Nursing Education Congress, **Turkey**

May 19, 2018

Speaker

Nurses: Modern Day Challenges

International Nurses Day 2018 at St. Patrick's High School

Ambassador of Christ, Karachi Catholic Diocese, Karachi, Pakistan

May 12, 2018

Speaker

IND 2018 Theme Talk on Nurses: A Voice to Lead; Health is a Human Right International Nurses Day, Dow University of Health Sciences, Karachi, Pakistan

May 10, 2018

Speaker

Introduction of International Nurses Day & IND Theme 2018 Pakistan Nursing Forum & Karachi Metropolitan Corporation, Karachi, Pakistan

May 12, 2017

Speaker

How Can Nurses Be a Voice to Lead for Achieving Sustainable Development Goals (SDGs)? International Nurses Day, Isra University, Isra School of Nursing, Hyderabad, Pakistan

May 12, 2015

Speaker

Be More "Care Effective, Cost Effective"

International Nurses Day, Isra University, Isra School of Nursing, Hyderabad, Pakistan

December 7, 2015

Speaker

Career Options & Opportunities in Nursing and Medical Sciences St. Patrick's College, Karachi, Pakistan

May 10, 2015

Guest Speaker

Administration in Education

Post RN BScN. Final Semester

St. James Institute of Nursing and Health Sciences, Karachi, Pakistan

October 13, 2014

Speaker

Introduction of Faculty & Staff Profile, Day – I Celebration (New Batches) Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

December 3, 2013

Speaker

Nursing Seminar on Career Pathways

Lahore School of Nursing, The Lahore University, Lahore, Pakistan

November 19, 2013

Speaker

Introduction of Faculty & Staff Profile

Day – I Celebration (New Batches)

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

August 9 - 12, 2012

Speaker

Basic Concepts in Nursing Research

NCFP 1st National Conference

Nurses Christian Fellowship Pakistan, Karachi, Pakistan

May 19, 2012

Speaker

Theme Talk on International Nurses' & Midwifery Day"

Liaquat National Hospital, Karachi, Pakistan

April, 2012

Speaker

49th Jinnah Postgraduate Medical Centre (JPMC), Nursing Scientific Session Karachi, Pakistan

February 24 – 26, 2012

Speaker

7th Liaquat National Hospital Symposium, Nursing Scientific Session Liaquat National Hospital, Karachi, Pakistan

October 4 & 7, 2011

Speaker

International NCFI 1st CAME Regional Conference

Nurses Christian Fellowship International (NCFI), CAME Regional Conference, Nepal

May 23, 2010

Speaker

International Nurses' Day Seminar on Importance of Nursing in Modern Era Graduate Christian Fellowship, Karachi, Pakistan

August 8, 2009

Speaker

National Seminar on Image Building of Nursing and Midwifery Professionals in Pakistan National Institute of Health & Social Sciences, Islamabad, Pakistan

October 22, 2002

Speaker

Role of Nurses in Infection Control

First LNH Nursing Seminar

Liaquat National Hospital, Karachi, Pakistan

AWARDS / APPRECIATION CERTIFICATES

AWARDS

August 11, 2018

Award of Appreciation

Research Poster Presentations

New Life College of Nursing, Karachi, Pakistan

May 14, 2018

Outstanding Achievement Award

International Nurses Day Celebration

St. James Institute of Nursing and Health Sciences, and

Jesus & Marry Institute of Nursing and Institute of Allied Sciences, Karachi, Pakistan

June, 2017 - March, 2018

Teaching Excellence

Quality Enhancement Cell (QEC)

Dow University of Health Sciences, Karachi, Pakistan

August 30, 2017

Award of Appreciation

Research Seminar

St. James Institute of Nursing and Health Sciences, Karachi, Pakistan

May 12, 2016

Best Performance Award

Young Nurses Association (YNA), Sindh

March 11, 2012

Golden People Award, 2012

Graduate Christian Fellowship (GCF), Pakistan

February 25, 2012

Paper Presentation International Award

7th Liaquat National Hospital Symposium

Liaquat National Hospital, Karachi, Pakistan

2003 to 2005

Merit Award in Research

Aga Khan University School of Nursing, Karachi, Pakistan

APPRECIATION CERTIFICATES

June 26 - 27, 2019

Certificate of Appreciation

HEC Post Graduate Program Review - 2019

Dow University of Health Sciences, Karachi, Pakistan

June, 2019

Certificate of Appreciation

9th Convocation Organizing Committee 2018

Dow University of Health Sciences, Karachi, Pakistan

May 19, 2018

Certificate of Appreciation

International Nurses Day, 2018

Karachi Metropolitan Corporation & Pakistan Nurses Forum, Karachi, Pakistan

May 12, 2018 Certificate of Appreciation

International Nurses Day, 2018

Dow University of Health Sciences, Karachi, Pakistan

March 19, 2017 Certificate of Appreciation for Effective Leadership Skills

10 Years Celebration of Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

September, 2016 Certificate of Appreciation

Contribution in Organizing Convocation, 2016

Dow University of Health Sciences, Karachi, Pakistan

June, 2016 Sponsorship (100%) for Attending NCFI International Congress 2016 in Philippines

Nurses Christian Fellowship International (NCFI)

May 13, 2016 Certificate of Appreciation

International Nurses Day, 2016

Health Ministry Govt. of Sindh & Pakistan Nurses Forum, Karachi, Pakistan

May 21, 2015 Letter of Appreciation (Panel of Judges for Reviewing Posters)

International Nurses Day & International Day of Midwives

Aga Khan University School of Nursing, Karachi, Pakistan

May 11, 2015 Certificate of Appreciation

International Nurses Day, 2015

Pakistan Nurses Forum & Commissioner, Karachi, Pakistan

May 10, 2014 Certificate of Appreciation

International Nurses Day, 2014

Pakistan Nurses Forum & Commissioner, Karachi, Pakistan

January 16, 2012 Certificate of Appreciation

Nurses' Christian Fellowship Pakistan

May 30, 2009 Certificate of Appreciation

Liaquat National College of Nursing, Karachi, Pakistan

2006 – 2008 Sponsorship (100%) for MSN Programme at AKU

Liaquat National Hospital, Karachi, Pakistan

2006 Letter of Appreciation

Member (Usher), Organizing Committee, AKU Convocation 2006

Aga Khan University, Karachi, Pakistan

May 14, 2005 Letter of Appreciation

Member, Chapter Stall Organizing and Management Committee

Rho Delta Chapter, Sigma Theta Tau International (STTI), the Honor Society of Nursing Aga Khan University School of Nursing, Karachi, Pakistan

2003 to 2004 Top 35% Students of the Class

Aga Khan University School of Nursing, Karachi, Pakistan

2003 – 2005 Sponsorship (100%) for Post RN BScN Programme at AKU

Liaquat National Hospital, Karachi, Pakistan

2001 to 2002 Certificate of 100% Attendance

Liaquat National Hospital, Karachi, Pakistan

ACADEMIC ACHIEVEMENTS

January, 2023 Invigilator

BSN, Post RN BSN and MSN Fall Semester Examinations Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

June, 2022 Invigilator

BSN, Post RN BSN and MSN Fall Semester Examinations

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

January, 2022 Invigilator

BSN, Post RN BSN and MSN Fall Semester Examinations

Lahore School of Nursing

The University of Lahore, Lahore, Pakistan

July, 2017 to November 24, 2021 Member

Admission Committee for MSN Program

Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

July, 2017 to November 24, 2021 Member

Academic Committee

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

July, 2017 to November 24, 2021

Member

Research Committee

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

February 26, 2019

VIVA Examiner (Mental Health Nursing)

BSN, Year – III, Semester - VI

People University of Medical and Health Sciences (PUMHS), Nawabshah

August 13, 2018

VIVA Examiner (Health Assessment)

Post RN BSN, Year – I, Semester - II

Ziauddin University, Karachi, Pakistan

March 12, 2018 Examiner (Scholarly Writing (Practicum / Presentation)

MSN, Year – II, Semester – III, Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

November, 2015 to July, 2017 Member

Academic Committee & Discipline Committee

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

October, 2014 to July, 2017

Member

Board of Studies, Undergraduate Programs

Institute of Nursing, Dow University of Health Sciences, Karachi, Pakistan

May 8 - 9, 2017

External Evaluator (Senior Elective Practicum Students)

Post RN BScN, Year – II, Semester – IV

St. James Institute of Nursing and Health Sciences, Karachi, Pakistan

April 18, 2017

External Examiner (Practicum: Teaching & Learning)

MSN, Year – I, Semester – II, Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

March, 2017

Viva Examiner (Health Assessment)

 $Post\ RN\ BScN,\ Year-1,\ Semester-1,\ Regular\ Examination$

Ziauddin University, Karachi, Pakistan

2015

Viva Examiner (Anatomy & Physiology - II)

4 Years BScN, Year – I, Semester – II, Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

September - October 2015

Member

Admission Committee for MSN Program

Dow University of Health Sciences, Karachi, Pakistan

August 17 – October 2, 2015

Preceptor for One (1) Student

Senior Elective: Nursing Education, Post RN BScN Program

Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan

September - October 2014

Member

Admission Committee for MSN Program

Dow University of Health Sciences, Karachi, Pakistan

August 19 – October 8, 2014

Preceptor for 2 Students

Senior Elective: Nursing Education, Post RN BScN Program

Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan

2013 Viva Examiner (Research Project & Electives)

4 Years BScN, Year – 4, Semester – VIII (Final), Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2013 Viva Examiner (Advance Concepts in Nursing - II)

Post RN BScN, Year – 1, Semester – II, Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2013 Invigilator

Post RN BScN, Year – 1, Semester – I1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2012 Viva Examiner (Advance Concepts in Nursing)

Post RN BScN, Year – II, Semester – III Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2012 Viva Examiner (Adult Health Nursing)

BScN, Year – II, Semester – III Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2012 Viva Examiner (Anatomy & Physiology)

BScN, Year -1, Semester -1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2012 Viva Examiner (Fundamentals of Nursing)

BScN, Year – 1, Semester – 1I Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2011 Viva Examiner (Anatomy & Physiology)

BScN, Year -1, Semester -1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2011 Paper Setter (Curriculum Planning & Designing)

BScN, Year – 2, Semester – 4 Examinations

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2011 Paper Setter (Administration of Educational Programmes)

BScN, Year – 2, Semester – 4 Examinations

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 Viva Examiner (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1, Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 Invigilator

Post RN BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 Invigilator

Post RN BScN, Year – II, Semester – III Regular Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 External Viva Examiner (Advance Nursing Concept - II)

Post RN BScN, Year – 1, Semester – 1I, Examination

Ziauddin University, Karachi, Pakistan

2010 External Viva Examiner (Communication Skills)

BScN, Year -1, Semester -1, Examination

Dow University of Health Sciences, Karachi, Pakistan

2010 Paper Setter (Nursing Research)

BScN, Year -2, Semester -1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 Paper Setter (Principles and Methods of Teaching)

BScN, Year -2, Semester -1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2010 Paper Setter (Introduction to Management)

BScN, Year – 1, Semester – 1, Re-sit /Make - up Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Paper Setter (Introduction to Management)

BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Invigilator

Annual Second Year General Nursing Examination Sindh Nurses Examination Board, Karachi

2008 - 2009 Paper Setter (Anatomy & Physiology - I)

BScN, Year -1, Semester -1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Invigilator

Post RN BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Viva Examiner (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1, Re-sit /Make - up Examination Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Viva Examiner (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Paper Setter (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2009 Paper Setter (Integrated Sciences I: Physiology)

Post RN BScN, Year – 1, Semester – 1 Examination

Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro, Pakistan

2008 External Examiner (Specialization Skills in Education & Management)

Post RN BScN, Year -2, Semester -2 Examinations

University of Karachi, Pakistan

2007 Invigilator

Annual Preliminary Nursing Examination

Sindh Nurses Examination Board, Karachi, Pakistan

External Examiner (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1 Examination

University of Karachi, Pakistan

2005 External Examiner (Advance Nursing Concept - I)

Post RN BScN, Year – 1, Semester – 1 Examination

University of Karachi, Pakistan

2005 Paper Setter (Advance Nursing Concept - I)

PARTICIPATION IN WORKSHOPS/SEMINARS/CONFERENCES

Certificate of Participation

'Walking in the Truth' Nurses Christian Fellowship International (NCFI), SAME Regional Conference November 17- 19, 2022

Certificate of Participation

Challenges and Opportunities in Nursing in 21st Century: A Christ Centered Response Nurses Christian Fellowship International (NCFI), Virtual International Congress July 9- 11, 2021

Attending Workshop on "Grant Writing"

Office of Research, Innovation and Collaboration (ORIC) Dow University of Health Sciences, Karachi, Pakistan June 10, 2021

Certificate of Participation "Sustaining the Supervisory Working Partnership"

Asia E University, Malaysia October 11, 2020

Certificate of Participation "Building the Supervisory Relationship"

Asia E University, Malaysia October 11, 2020

Certificate of Excellence "Certified Peer Reviewer Course"

Researcher Academy: Elsevier June 10, 2020

Certificate of Excellence "Fundamentals of Review"

Researcher Academy: Elsevier May 26, 2020

Course Certificate of "Learning to Teach Online"

The University of New South Wales (UNSW), Sydney, Australia May 4, 2020

Certificate of Participation on "Biosafety & Security in Health Care Institutions"

Dow University of Health Sciences, Karachi, Pakistan January 9, 2020

Attending Workshop on "Proposal Development"

Aga Khan University School of Nursing & Midwifery and Dow University of Health Sciences, Karachi, Pakistan December 16 - 19, 2019

Certificate of Participation for Attending "International Nurses Day & Day of Midwives"

College of Nursing

Jinnah Sind Medical University (JSMU), Karachi, Pakistan May 11, 2019

Certificate of Participation for Attending "International Nurses Day & Day of Midwives"

Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan May 10, 2019

Certificate of Guest Speaker Session on 'Factors Influencing Quality Culture at Postgraduate level'

Quality Enhancement Cell, Dow University of Health Sciences, Karachi, Pakistan March 21, 2019

Certificate of Training Workshop on "Patent Database Search & Understanding a Patent Document"

Office of ORIC, Department of Research & Intellectual Property Organization (IPO) of Pakistan, Dow University of Health Sciences, Karachi, Pakistan February 28, 2019

Certificate of Training on "Research Supervision Skills"

Aga Khan University School of Nursing & Midwifery and Dow University of Health Sciences, Karachi, Pakistan December 5 - 8, 2018

Certificate of Training on Faculty Professional Development Program "Micro Teaching"

Quality Enhancement Cell, Dow University of Health Sciences, Karachi, Pakistan November 19 -20, 2018

Certificate of Training on "Academic Leadership"

Aga Khan University School of Nursing & Midwifery and Dow University of Health Sciences, Karachi, Pakistan November 5 - 9, 2018

Certificate of Participation on "Sample Size Calculation through NCSS - PASS"

Office of ORIC, Department of Research, 9th Annual Research Day 2018 Dow University of Health Sciences, Karachi, Pakistan February 19, 2018

Certificate of Participation on "Reliability Analysis for Questionnaire and Measurement"

Office of ORIC, Department of Research, 9th Annual Research Day 2018

Dow University of Health Sciences, Karachi, Pakistan

February 19, 2018

Certificate of Training on "Academic Planning and Management"

Quality Enhancement Cell & Professional Development Centre

Dow University of Health Sciences, Karachi, Pakistan

December 16, 2017

Certificate of Training on "Learners Psychology and Teaching as a Profession"

Quality Enhancement Cell & Professional Development Centre

Dow University of Health Sciences, Karachi, Pakistan

December 4, 2017

Participation in Training Sessions on "Preparation of Program Self-Assessment Report (SAR), Criteria 1 to 4

Dow University of Health Sciences, Karachi, Pakistan

November 7, 2017

Certificate of Participation for Attending Workshop on 'Clinical Outcomes in relation to Patient Safety Goals"

2nd International Conference on Patient Safety

Aga Khan University Hospital, Karachi, Pakistan

October 28, 2017

Participation for Attending Tomorrow's Healthcare Today – Healthcare Professionals Networking Forum

Aga Khan University Hospital, Karachi, Pakistan

January 22, 2017

Participation in Training Sessions on "Preparation of Program Self-Assessment Report

Dow University of Health Sciences, Karachi, Pakistan

31st January & 4th February, 2017

Certificate of Participation for Attending 1st International Nursing & Midwifery Conference

Liaquat National College of Nursing

Liaquat National Hospital, Karachi, Pakistan

November 22, 2017

Certificate of Participation for Attending International Conference of Nurses and Midwives (ICMN)

Aga Khan University School of Nursing & Midwifery, Karachi, Pakistan

Certificate of Participation in Workshop on 'Research Uptake for Policy and Practice'

International Conference of Nurses and Midwives (ICMN)

Aga Khan University School of Nursing & Midwifery, Karachi, Pakistan November 17, 2017

Certificate of Participation for Attending NCFI International World Congress 2016

Nurses Christina Fellowship International (NCFI)

June 6 - 10, 2016

Certificate of Participation for Attending Pre- Congress Course on "Leadership Course"

Nurses Christina Fellowship International (NCFI) Congress, Philippines June 5, 2016

Certificate of Participation for Attending International Nurses Day 2016

College of Nursing, Jinnah Postgraduate Medical Centre (JPMC), Karachi, Pakistan May 12, 2016

Certificate of Participation for Attending Workshop on "The Future of Nursing Education: Tackling Technology with Cost and Care

International Nurses Day & International Day of Midwife Aga Khan University, School of Nursing and Midwifery, Karachi, Pakistan May 19, 2015

Certificate of Participation for Attending Workshop on "HEC's Indigenous On – Campus Training Program"

Dow University of Health Sciences, Karachi, Pakistan November 18-22, 2014

Certificate of Participation in 12 International Conferences on "Statistical Sciences"

Dow University of Health Sciences, Karachi, Pakistan & Islamic Society of Statistical Sciences

March 24- 26, 2014

Certificate of Participation in 5th Inter Universities Faculty Research Poster Presentations Competition

Dow University of Health Sciences, Karachi March 8, 2014

Certificate of Participation in Pre- Faculty Research Day Workshop on 'Grant Writing"

5th Research Annual Day, Dow University of Health Sciences, Karachi March 6, 2014

Certificate of Participation in International Symposium on "Ramadan and Health"

Dow University of Health Sciences, Karachi, Pakistan October 26, 2013

Attending Video Conference on "Kirk Patrick Model for Evaluating Trainings in Higher Education"

Dow University of Health Sciences, Karachi, Pakistan September 6, 2013

Attending Video Session on "Role of Senior Leadership in Quality Assurance"

Dow University of Health Sciences, Karachi, Pakistan August, 2013

Certificate of Participation in 7th LNH Symposium

Liaquat National Hospital & Medical College, Karachi, Pakistan December 24 - 26, 2012

July 9 -12, 2012

Certificate of Attendance

NCFI 1st National Conference

Nurses Christian Fellowship Pakistan (NCFP), Karachi, Pakistan

October 4 & 7, 2011 Certificate of Attendance

International NCFI 1st CAME Regional Conference

Nurses Christian Fellowship International (NCFI), CAME Regional Conference, Nepal

Certificate of Participation in 7th Health Asia Conference on "Quality in Health Care"

Expo Centre, Karachi, Pakistan March 23, 2011

Certificate of Participation in Research Workshop on "Critical Thinking"

Aga Khan University School of Nursing, Karachi, Pakistan November 24 - 25, 2010

Certificate of Participation in Mini Symposium on "Updates in Transfusion Medicine: Challenges & Opportunities"

Liaquat National Hospital & Medical College, Karachi, Pakistan November 12, 2012

Certificate of Participation in 6th Health Asia Conference on "Quality in Health Care"

Expo Centre, Karachi, Pakistan 2010

Certificate of Participation in Workshop on "Issues & Strategies for Communicating Bad News with Patients"

Liaquat National Hospital & Medical College, Karachi, Pakistan September 8, 2010

Certificate of Participation in International Nurses Day & International Day of Midwife Symposium on "Delivering Quality, Serving Communities: Nurses Leading Chronic Care"

Aga Khan University, Karachi, Pakistan May 29, 2010

Certificate of Participation in "Safe Motherhood & International Nurses' & Midwifery Day"

Liaquat National Hospital & Medical College, Karachi, Pakistan May 20, 2010

Certificate of Participation in CME on "Obesity"

Liaquat National Hospital, Karachi, Pakistan April 13, 2010

Certificate of Participation in Seminar on "Acha Ghar: Family Relationships and Home Environment"

Liaquat National Hospital, Karachi, Pakistan April 10, 2010

Certificate of Participation in CME on "Protecting Kidneys" at World Kidney Day

Liaquat National Hospital, Karachi, Pakistan March 11, 2010

Attending Seminar on "Scientific Writing"

Liaquat National Hospital & Medical College, Karachi, Pakistan March 11, 2010

Certificate of Participation in Seminar on Transfusion Medicines "New Blood for the World"

Liaquat National Hospital & Medical College, Karachi, Pakistan January 30, 2010

Certificate of Participation in 6th LNH Symposium on Health Care Dilemma: Cost and Quality

Liaquat National Hospital & Medical College, Karachi, Pakistan December 11- 13, 2009

Certificate of Participation in Workshop on 'Table of Specification'

Liaquat National Hospital, Karachi, Pakistan March 13 & 26, 2009

Certificate of Participation for attending Training on 'Establishing Goals and Planning-Vision'

Liaquat National Hospital, Karachi, Pakistan January, 2009

Certificate of Participation in Seminar on "Safe Nursing Saves Lives"

Liaquat National College of Nursing & Infection Control Society of Pakistan August 26, 2008

Certificate of Participation in workshop on "Competency Based Curriculum"

Aga Khan University School of Nursing, Karachi, Pakistan October 24 -25, 2007

Certificate of Attendance in Fifth Clinical Symposium on "Violence in Health Care Settings: Responses and Way Forward"

Aga Khan University, Karachi, Pakistan May 26, 2007

Certificate of Attendance in "Research Management Workshop"

Research Office, Aga Khan University, Karachi, Pakistan February 15, 2007

Certificate of Attendance in the "World Health Update"

Medical, Dental & Nursing Conference, Expo Centre, Karachi, Pakistan January 26 -28, 2007

Certificate of Participation in "Pre- National Health Sciences Research Symposium Workshop on Biomechanics of Back Pain"

Aga Khan University, Karachi, Pakistan September 5, 2006

Certificate of Participation in "Diabetes Education Course"

Liaquat National Hospital, Karachi, Pakistan July 12 -15, 2006

Attending Performance Appraisal Training

Liaquat National Hospital, Karachi, Pakistan April 24, 2006

Certificate of Participation in "Revascularization Course in Pakistan"

Liaquat National Hospital, Karachi, Pakistan August 20 -21, 2005

Certificate of Participation in workshop on "Communication Skills"

Liaquat National Hospital, Karachi, Pakistan March 12, 2005

Certificate of Attendance in "Epidemiological Research" Workshop

Aga Khan University School of Nursing, Karachi, Pakistan December 18, 2004

Certificate of Participation in CME Programme on "Platelet Disorders: Diagnosis to

Management"

Liaquat National Hospital, Karachi, Pakistan September 21, 2004

Certificate of Participation in National Symposium on "Transfusion Transmitted Infectious Diseases"

Liaquat National Hospital, Karachi, Pakistan December 23, 2003

Certificate of Attendance in CME Programme on 'Smoking Related Pulmonary Disorders"

Liaquat National Hospital, Karachi, Pakistan May 24, 2003

Certificate of Attendance in Workshop on 'Infection Control Issues in Developing World'

First International Congress on "Infectious Diseases" Liaquat National Hospital, Karachi, Pakistan March 28 -30, 2003

Certificate of Attendance in the First International Congress on "Infectious Diseases" Liaquat National Hospital, Karachi, Pakistan

March 28 -30, 2003

Certificate of Attendance in the First LNH Nursing Seminar

Liaquat National Hospital, Karachi, Pakistan October 22, 2002

Certificate of Attendance in "Infection Prevention Training Workshop"

Memorial Christian Hospital, Sialkot, Pakistan

April 21 -26, 2002

Certificate of Attendance in course on "Update on Infectious Diseases for the Clinicians"

Infectious Diseases Society of Pakistan

March 1, 2002

Certificate of Participation in National Seminar on "Infection Control Practices"

Aga Khan University, Karachi November 23 -24, 2000

VOLUNTARY PROFESSIONAL WORK

June, 2022

Member, Lahore School of Nursing

International Nurses Day Celebration Lahore School of Nursing, Lahore, Pakistan

June, 2020

Focal Person, Dow Institute of Nursing & Midwifery

International Nurses Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

2019 - 2021

Member, St. Vincent D. Paul Society

St. John Church, Drigh Road, Karachi, Pakistan

2012 - 2021

Member, Church Committee

St. John Church, Drigh Road, Karachi, Pakistan

August, 2019

Focal Person, Institute of Nursing

Pakistan Independence Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

August, 2018

Focal Person, Institute of Nursing

Pakistan Independence Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

May 12, 2018

Chair, Organizing Committee

International Nurses Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

August, 2017

Focal Person, Institute of Nursing

Pakistan 70 Years Independence Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

March 2, 2017

Chair, Organizing Committee

10 Years Celebration of Institute of Nursing

Dow University of Health Sciences, Karachi, Pakistan

March 16, 2015

Coordinator, Organizing Committee

International Women Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

April - June, 2014

Chair, Organizing Committee

International Nurses Day Celebration

Dow University of Health Sciences, Karachi, Pakistan

May 19, 2012

Coordinator, Organizing Committee

International Nurses and Midwifery

Liaquat National College of Nursing, Karachi

March, 2010 Coordinator in Arrangement of Health Education Stall in Family Mela

Liaquat National Hospital, Karachi

November 20, 2009

Management of Seminar on Universal Children Day

Liaquat National College of Nursing, Karachi

August 14, 2009 Management of Pakistan Independence Day

Liaquat National College of Nursing, Karachi

April, 2009 Management of Vaccination Stall

Infection Control Society of Pakistan, and Karachi Press Club

February 1, 2009 Coordinator in Arrangement of Health Education Stall

Montessori Children House (MCH) Health Mela, Karachi Liaquat National College of Nursing, Karachi

2006 Arrangement of the Aga Khan University Convocation and its related Activities Aga Khan University, Karachi

2005 Management of the Chapter Staff Activity on International Nurses' Day

Rho Delta Chapter, Sigma Theta Tau International, the Honor Society of Nursing Aga Khan University School of Nursing, Karachi, Pakistan

LANGUAGE AND COMPUTER PROFICIENCY

- Fluent in speaking, writing, and reading English, Urdu and Punjabi
- Proficient in using Microsoft office (Word, Power Point, Excel)
- Proficient in using internet emailing, web browsing and using social networking

REFERENCES

• Can be provided as required